



# Rowing Summer Term Timetable

## 2020/'21

	Water Training	Ergo/ Land Training
Monday	S2 & S3 15:45 - 17:45	S4 - S6 15:45 - 17:45
Tuesday	S4 - S6 15:45 - 17:45	
Wednesday	Selected Rowers * (S3 - S6) 15:45 - 17:45	Club Session (S2 - S6) 15:45 - 17:45
Thursday	S2 - S3 15:45 - 17:45	
Friday	Club Session (S2 - S6) 15:45 - 17:45	S4 - S6 15:45 - 17:45
Saturday	Selected Rowers * (S4 - S6) 08:00 - 14:30	
Sunday	Selected Rowers * (S2 - S6) 09:00 - 12:30	

Selected Rowers \* : Rowers will be emailed to be invited to these sessions.

Ergo Training/ Land Training: Craiglockhart Pavilion

Water Training: Monday - Friday & Sunday - Boathouse. Saturday - Auchinstarry Marina (Dullatur) / Strathclyde Park